

Chains of event



115KM RIDE NETS \$4500+

Deborah FitzGerald

MORE than 40 members of the Inner West's Balance & UTS Triathlon Club pushed through the pain barrier to ride more than 100km to raise funds for the club's charity, The Lynne King Cancer Care Foundation.

For many members, it was their first attempt at such a marathon ride.

From 14-year-old Breannan Johnson to Paul and Val Ardill in their late 60s, the group completed the challenging 115km through the hills of Galston and the picturesque Hawkesbury Valley back to Galston.

Club president Mike Steinberg said the club raised more than \$4500 for the Foundation through entry fees and individual fundraising.

"It was inspiring to have Reg King of the Foundation on hand to encourage us before the

THE CLUB

The Balance & UTS Triathlon Club has more than 160 members, and welcomes triathletes of all abilities including beginners. Details: balancetriclub.org.au

ride," Mr Steinberg said. "Reg told us about a young woman, in her early 20s, who has recently completed cancer treatment and become engaged and has a new lease on life because of the support provided to her through funds raised by the Tri Club and the community."

"Balance & UTS Tri Club, since its inception, has raised over \$30,000 for the Foundation and other charities such as the National Breast Cancer Foundation and Cystic Fibrosis Foundation."

 **Lynne King Cancer Care Foundation. Details:** lincare.com



Club president Mike Steinberg with youngest member Breannan Johnson, 14 (above): the group lines up just before the ride (top left)